



## Evaluation and comparison of 3D intervertebral disc localization and segmentation methods for 3D T2 MR data: A grand challenge



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### ABSTRACT

The evaluation of changes in Intervertebral Discs (IVDs) with 3D Magnetic Resonance (MR) Imaging (MRI) can be of interest for many clinical applications. This paper presents the evaluation of both IVD localization and IVD segmentation methods submitted to the Automatic 3D MRI IVD Localization and Segmentation challenge, held at the 2015 International Conference on Medical Image Computing and Computer Assisted Intervention (MICCAI2015) with an on-site competition. With the construction of a manually annotated reference data set composed of 25 3D T2-weighted MR images acquired from two different studies and the establishment of a standard validation framework, quantitative evaluation was performed to compare the results of methods submitted to the challenge. Experimental results show that overall the best localization method achieves a mean localization distance of 0.8 mm and the best segmentation method achieves a mean Dice of 91.8%, a mean average absolute distance of 1.1 mm and a mean Hausdorff distance of 4.3 mm, respectively. The strengths and drawbacks of each method are discussed, which provides insights into the performance of different IVD localization and segmentation methods.

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### 1. Introduction

Low back pain (LBP) is one of the most prevalent health problems amongst the world's population and is a leading cause of disability that affects work performances and well-being (Maniadakis

and Gray, 2000; Andersson, 2011; Wieser et al., 2011). A strong association between LBP and intervertebral disc (IVD) degeneration has been repeatedly reported in various clinical studies (Luoma et al., 2000; Kjaer et al., 2005; Cheung et al., 2009). Although almost every medical imaging modality has been used to evaluate lumbar degenerative disc disease, Magnetic Resonance (MR) Imaging (MRI) is widely recognized as the imaging technique of choice for the assessment of lumbar IVD abnormalities due to its excellent soft tissue contrast and no ionizing radiation (Emch and

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**Table 1**

Summary of the state-of-the-art methods for IVD/vertebra detection and segmentation. Here we focus on MR-based methods but a few relevant CT-based methods are also mentioned. See main text for details.

Classification	Method	2D or 3D?	Type	
IVD Detection	Peng et al. (2005)	2D	Semi-automatic	
	Schmidt et al. (2007)	3D	Automatic	
	Corso et al. (2008); Alomari et al. (2011)	2D	Automatic	
	Huang et al. (2009)	2D	Automatic	
	Stern et al. (2010)	3D	Automatic	
	Donner et al. (2010)	2D	Automatic	
	Zhan et al. (2012)	3D	Automatic	
	Oktay and Akgul (2013)	2D	Automatic	
	Michael Kelm et al. (2013)	3D	Automatic	
	Glocker et al. (2012); 2013)	3D	Automatic	
	Chen et al. (2015a)	3D	Automatic	
	Cai et al. (2015)	3D	Automatic	
	Suzani et al. (2015)	3D	Automatic	
	Chen et al. (2015c)	3D	Automatic	
	IVD Segmentation	Carballido-Gamio et al. (2004)	3D	Automatic
		Peng et al. (2005)	2D	Semi-automatic
		Chevrefils et al. (2007); 2009)	2D	Automatic
Huang et al. (2009)		2D	Automatic	
Michopoulou et al. (2009)		2D	Semi-automatic	
Ben Ayed et al. (2011)		2D	Semi-automatic	
Neubert et al. (2012)		3D	Semi-automatic	
Egger et al. (2012)		2D	Semi-automatic	
Law et al. (2013)		2D	Semi-automatic	
Schwarzenberg et al. (2014)		3D	Semi-automatic	
Ali et al. (2014)		3D	Automatic	
Chen et al. (2015a)		3D	Automatic	
Wang et al. (2015)		3D	Automatic	

Modic, 2011; Parizel et al., 2007). This, in turn, has sparked specific interest in developing methods for automated image analysis and quantification for the diagnosis of spinal diseases using MR images, though most of them work only with two-dimensional (2D) images. Here the term image analysis refers to localization and segmentation of the IVDs, which is a step prior to the quantification process. The published methods can be roughly classified into two groups: disc detection and disc segmentation. Table 1 shows a summary of the state-of-the-art methods for IVD/vertebra detection and segmentation.

The methods in the first group focus on automated detection of the discs or vertebrae but without segmenting them (Peng et al., 2005; Schmidt et al., 2007; Corso et al., 2008; Alomari et al., 2011; Stern et al., 2010; Donner et al., 2010; Oktay and Akgul, 2013). For example, Peng et al. (2005) used intensity profiles to localize the 24 articulated vertebrae from whole spine MR images and their method required a manual selection of the so-called best MR image slice among all the sagittal slices. Schmidt et al. (2007) proposed a part-based graphical model for spine detection and labeling. They used the part-based graphical model to represent both the appearance of local parts and the shape of the anatomy in terms of geometric relations between parts. Features for detecting parts were learned from a set of training data in manually marked image regions. Along the same line, (Corso et al., 2008; Alomari et al., 2011) presented a different graphical model for the lumbar disc localization. They used a two-level probabilistic model with latent variables to capture both pixel- and object-level features. Generalized expectation maximization method was used for optimization. The method was validated on 2D sagittal MR images. Stern et al. (2010) described another method for automatic IVD detection from MR images of lumbar spine. Their method worked by first extracting spinal centerlines and then detecting the centers of vertebral bodies and IVDs by analyzing the image intensity and gradient magnitude profiles extracted along the spinal centreline. There also exist methods using Markov Random Field (MRF)-based

inference. Donner et al. (2010) proposed to formulate the localization of an object model from an input image as an MRF-based optimal labeling problem. They used MRF to encode the relation between the model and the entire search image. Recently, Oktay and Akgul (2013) described a method to simultaneously localize lumbar vertebrae and IVDs from 2D sagittal MR images using support vector machine (SVM) based MRF.

In contrast, the methods in the second group aim for disc segmentation. The disc detection in these methods could be done manually, semi-automatically or fully-automatically. Chevrefils et al. (2007; 2009) presented a texture analysis based method for automatic segmentation of IVDs from 2D MR images of scoliotic spines. Their method exploited a combination of statistical and spectral texture features to discriminate closed regions representing IVDs from background in MR images. The closed regions are obtained with the watershed approach. Michopoulou et al. (2009) proposed a probabilistic atlas-based method for segmentation of degenerated lumbar IVDs from 2D MR images of the spine. Their method was semi-automatic and required an interactive selection of the leftmost and rightmost disc points. The reported Dice coefficients of this method were 91.6% for normal and 87.2% for degenerated discs. A statistical shape models-based method was proposed by Neubert et al. (2012) for automated three-dimensional (3D) segmentation of high resolution spine MR images. Their method required an interactive placement of a set of initial rectangles along spine curve. Different types of graph theory based methods (Carballido-Gamio et al., 2004; Huang et al., 2009; Ali et al., 2014; Ben Ayed et al., 2011; Egger et al., 2012; Yao et al., 2006; Schwarzenberg et al., 2014) are also popular in disc or vertebra segmentation. Among the methods in this category, there exist methods in the form of normalized cut (Carballido-Gamio et al., 2004; Huang et al., 2009). For example, Carballido-Gamio et al. (2004) applied the normalized cut to segment T1-weighted MR images. Huang et al. (2009) improved this method by proposing an iterative algorithm and evaluated their method on 2D sagittal MR slices. There also exist graph theory based methods in the form of graph cut (Ali et al., 2014; Ben Ayed et al., 2011). For example, Ben Ayed et al. (2011) designed new object-interaction priors for graph cut image segmentation and applied their method to IVD delineation in 2D MR lumbar spine images. Their method required a manual selection of the first disc center. Evaluated on 15 2D mid-sagittal MR slices, this method achieved an average 2D Dice overlap coefficient of 85%. More recently, following the idea introduced by Li et al. (2006), both *square-cut* (Egger et al., 2012) and *cubic-cut* (Schwarzenberg et al., 2014) methods were proposed. The *square-cut* method works only on 2D sagittal slices of MR data while the *cubic-cut* method can be used for 3D spinal MR image segmentation. Another method on IVD segmentation from middle sagittal spine MR images was introduced by Law et al. (2013). They used the anisotropic oriented flux detection scheme to distinguish the discs from the neighboring structures with similar intensity with a minimal user interaction.

Recently, machine learning-based methods have gained more and more interest in the medical image analysis community. Most of these methods are based on ensemble learning principles that can aggregate predictions of multiple classifiers and demonstrate superior performance in various challenging medical image analysis problems. For example, Zheng et al. (2008) proposed marginal space learning to automatically localize the heart chamber from 3D Computed Tomography (CT) data. This method has been successfully used for spine detection in CT and MR images (Michael Kelm et al., 2013). Zhan et al. (2012) presented a hierarchical strategy and local articulated model to detect vertebrae and discs from 3D MR images. They used a Haar filter based Adaboost classifier and a local articulated model for calculating the spatial relations between vertebrae and discs. A combination of wavelet transform

based Adaboost classifier and iterative normalized cut was proposed by Huang et al. (2009) for detecting and segmenting vertebrae. Due to the successful applications of Random Forest (RF) regression for automatic localization of organs from 3D volumetric CT/MR data (Pauly et al., 2011; Criminisi et al., 2013), such a technique has been used by Glocker et al. (2012; 2013) for localization and identification of vertebrae in arbitrary field-of-view CT scans. Another two regression-based approaches were introduced by Chen et al. (2015a) and Wang et al. (2015), respectively. More specifically, Chen et al. (2015a) proposed a unified data-driven regression and classification framework to tackle the problem of localization and segmentation of IVDs from T2-weighted MR data while Wang et al. (2015) proposed to address the segmentation of multiple anatomic structures in multiple anatomical planes from multiple imaging modalities with a sparse kernel machines-based regression. More recently, the advancement of deep learning approaches provides another course of efficient methods for spinal image processing. For example, Cai et al. (2015) proposed to use a 3D deformable hierarchical model for multi-modality vertebra recognition in arbitrary view where multi-modal features extracted from deep networks were used for vertebra landmark detection. While both Chen et al. (2015c) and Suzani et al. (2015) used deep learning approaches for automatic vertebrae detection and localization from spinal CT data, they used different types of deep neural networks. More specifically, the work done by Suzani et al. (2015) was based on feed-forward neural networks while the work done by Chen et al. (2015c) was based on deep convolutional neural networks.

Meaningful comparisons of algorithm performance among various state-of-the-art IVD localization and segmentation methods are highly desired. However, direct and objective comparisons are difficult to achieve due to following two issues: (1) Different MR data sets acquired with different image acquisition protocols are used in different studies, and most of these MR data sets are not publicly available. Although there exists one open data set for comparing algorithms for clinical vertebral segmentation from 3D CT data (Yao et al., 2016), to the best of our knowledge, there exists only one open MR data set with the associated manual delineation of IVDs (Oktay and Akgul, 2013). This open MR data set, however, cannot be used to evaluate and compare 3D IVD localization and segmentation algorithms, as only 2D mid-sagittal slices are available in the data set; and (2) Different evaluation metrics are used in different studies, which precludes the possibility of direct comparison. Therefore, to address the above mentioned challenges in algorithm comparison, it is necessary to establish a standard validation framework with a publicly available reference MR data set. To reach this goal, a grand challenge on Automatic IVD Localization and Segmentation from 3D T2 MR Data was held in conjunction with the third MICCAI Workshop on Computational Methods and Clinical Applications for Spine Imaging (CSI) (<http://ijoint.istb.unibe.ch/challenge/index.html>).

The challenge report described in this paper intends to first construct an annotated reference data set composed of 3D T2-weighted Turbo Spin Echo (TSE) MR images for validation purpose and then to establish a standard framework for an objective comparison of different IVD localization and segmentation algorithms. Details of challenge setup and challenge results will be described in the following sections. More specifically, in Section 2, challenge organization, the established validation framework, the data sets used within the challenge and the participation teams will be introduced. In Section 3, summary about each submitted algorithm will be described. The validation results for all submitted algorithms will be described in Section 4. Discussions of the performance and the computational efficiency of methods of all participating teams will be presented in Section 5, followed by conclusion in Section 6.

## 2. Challenge setup

### 2.1. Organization

The aim of the challenge is to investigate (semi-)automatic IVD localization and segmentation algorithms and to provide a standard evaluation framework with a set of 3D T2-weighted TSE MR images. There are 7 IVDs T11-S1 to be localized and segmented from each image as shown in Fig. 1. Thus, the challenge has been divided into two parts: the localization part and the segmentation part. In the localization part, the task is to fully automatically identify the centers of 7 IVDs T11-S1 from each image. In the segmentation part, the task is to automatically segment 7 IVD regions T11-S1 from each image. Each team can choose to participate in either one of the two parts or in both parts.

There are two stages in the challenge. In stage 1, a training data set and the associated ground truth were released on March 1st, 2015 for method development and a first test data set were released on August 15, 2015 for method testing. In stage 2, an on-site competition was organized for which a second test data set was released on October 05, 2015.

### 2.2. Validation framework

The established validation framework includes five standard metrics to evaluate the algorithm performance, two for localization and three for segmentation. For evaluation of the localization performance, we propose to use the following two metrics:

#### 1. Mean localization distance (MLD) with standard deviation (SD)

We first compute the localization distance  $R$  for each IVD center using

$$R = \sqrt{(\Delta x)^2 + (\Delta y)^2 + (\Delta z)^2} \quad (1)$$

where  $\Delta x$ ,  $\Delta y$ , and  $\Delta z$  are respectively  $x$ ,  $y$ , and  $z$  coordinate difference between the identified IVD center and the ground truth (GT) IVD center calculated from the ground truth segmentation.

MLD and SD are then defined as follows:

$$\begin{cases} MLD = \frac{\sum_{i=1}^{N_{images}} \sum_{j=1}^{N_{IVDs}} R_{ij}}{N_{images} N_{IVDs}} \\ SD = \sqrt{\frac{\sum_{i=1}^{N_{images}} \sum_{j=1}^{N_{IVDs}} (R_{ij} - MLD)^2}{N_{images} N_{IVDs}}} \end{cases} \quad (2)$$

where  $N_{images}$  is the number of MR images, and  $N_{IVDs}$  is the number of IVDs.

#### 2. Successful detection rate (SDR) with various ranges of accuracy

If the distance between the localized IVD center and the ground truth center is no greater than  $t$  mm, the localization of this IVD is considered as a successful detection; otherwise, it is considered as a false localization. The successful localization rate  $P_t$  with accuracy of less than  $t$  mm is formulated as follows

$$P_t = \frac{\text{number of accurate IVD localizations}}{\text{number of IVDs}} \times 100\% \quad (3)$$

For evaluating the segmentation performance, we use the following three metrics:

#### 1. Dice overlap coefficients (Dice):

Dice measures the percentage of correctly segmented voxels. Dice (Dice, 1945) is computed by

$$\text{Dice} = \frac{2|A \cap B|}{|A| + |B|} \times 100\% \quad (4)$$

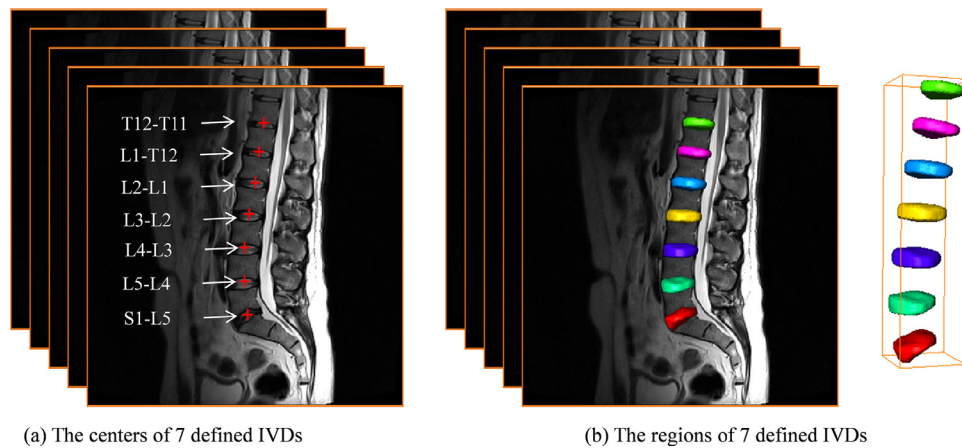


Fig. 1. The 7 IVDs to be localized and segmented from each image.

**Table 2**  
Demographic statistics of the 25 subjects.

Subject characteristics	Mean $\pm$ SD	Min	Max
Age (year)	34.4 $\pm$ 8.1	20	45
Weight (kg)	76.1 $\pm$ 10.7	59	104
Height (cm)	179.5 $\pm$ 6.9	169.0	196.1

**Table 3**  
Inter-observer variability of manual segmentation generated by three trained raters and an experienced expert using the metrics defined in Section 2.2.

MLD $\pm$ SD (mm)	Mean Dice $\pm$ SD (%)	Mean AAD $\pm$ SD (mm)
0.16 $\pm$ 0.17	99.1 $\pm$ 0.7	0.81 $\pm$ 0.09

where  $A$  is the set of foreground voxels in the ground-truth data and  $B$  is the corresponding set of foreground voxels in the segmentation result, respectively. Larger Dice metric means better segmentation accuracy.

- Average absolute distance (AAD):** AAD measures the average absolute distance from the ground truth IVD surface and the automatically segmented surface. To compute the AAD, we first generate a surface mesh from binary IVD segmentation using the Matlab toolbox Iso2mesh (Fang and Boas, 2009). For each vertex on the surface model derived from the automatic segmentation, we find its closest distance to the surface model derived from the associated ground-truth segmentation. The AAD is then computed as the average of distances of all vertices. Smaller AAD means better segmentation accuracy.
- Hausdorff distance (HD):** HD measures the Hausdorff distance (Huttenlocher et al., 1993) between the ground truth IVD surface and the segmented surface. To compute the HD, we use the same surface models as we used for computing the AAD. Smaller HD means better segmentation accuracy.

### 2.3. Description of image data sets

There are 25 3D T2-weighted TSE MR images collected from 25 male subjects in two different studies investigating IVD morphology change after prolonged bed rest (spaceflight simulation) (Belavy et al., 2012; 2011). Table 2 summarizes the demographic statistics of the 25 subjects. Each subject was scanned with 1.5 Tesla MR scanner of Siemens Magnetom Sonata (Siemens Healthcare, Erlangen, Germany) with following protocol to generate T2-weighted sagittal images: repetition time of 5240 ms and echo time of 101 ms were used in acquisition of 15 3D T2-weighted MR images in the first study while repetition time of 6220 ms and echo time of 105 ms were used in acquisition of the rest 10 3D T2-weighted MR images in the second study. The resolution of all images were resampled to 2 mm  $\times$  1.25 mm  $\times$  1.25 mm. Each image contains at least 7 IVDs T11-S1. Thus, in this challenge, we only consider 7 IVDs T11-S1. An ethical approval was obtained from the

Ethical Committee of the Charité University Medical School Berlin, Germany, to conduct the study. These 25 MR images were divided into three subsets as Training data (10 3D T2-weighted MR images from the first study plus 5 3D T2-weighted MR images from the second study), Test1 data (4 3D T2-weighted MR images from the first study and 1 3D T2-weighted MR image from the second study) and Test2 data (1 3D T2-weighted MR image from the first study and 4 3D T2-weighted MR images from the second study) for the challenge with two stages.

For each one of these 3D T2-weighted MR images, the segmentation of 7 IVDs T11-S1 was conducted in two stages. In the first stage, slice by slice manual segmentation was performed by three trained raters with different degrees of expertise (3–15 years of experience with MR/CT segmentation) using Amira software (<http://www.vsg3d.com/amira>) under the guidance of clinicians. The reference segmentation for each MR image was then generated based on consensus reading of all three raters, e.g., the majority voting of all three manual segmentations. In the second stage, an experienced surgeon was asked to independently segment all the 25 MR images using also the Amira software to generate another set of segmentation.

We then evaluated the inter-observer variability for the two sets of manual segmentation to assess the consistency and variability. The inter-observer variability was calculated using the metrics defined in Section 2.2 and presented in Table 3. The results show that the reference segmentation has high consistency with the expert segmentation and thus we use the reference segmentation as the associated ground-truth for evaluating performance of different algorithms submitted to the challenge. The ground-truth IVD centers were then calculated as centroids of the associated IVD regions.

### 2.4. Participating teams

A total of 16 teams (from 11 countries) from both industry and academy registered in this challenge, and initially 10 teams submitted their results on the Test1 data. All these 10 teams were invited to participate the on-site competition in stage 2. Afterwards,

we received agreements from 9 teams to include their results in this paper. The name abbreviation for each included team and the title of their contribution are given as follows. To simplify the description below, we will use the team abbreviations to refer both the teams and the methods introduced by the associated teams.

1. **ICL**: Lopez Andrade and Glocker (Lopez Andrade and Glocker, 2015). Complementary classification forests with graph-cut refinement for accurate intervertebral disc localization and segmentation (UK).
2. **Sectra**: Wang and Forsberg (Wang and Forsberg, 2015). Segmentation of intervertebral discs in 3D MR data using multi-atlas based registration (Sweden).
3. **UNIBE**: (Chu et al., 2015). Localization and segmentation of 3D intervertebral discs from MR images via a learning based method (Switzerland).
4. **UNICHK**: (Chen et al., 2015b). DeepSeg: Deep segmentation networks for intervertebral disc localization and segmentation (China).
5. **UNIEXE**: (Hutt et al., 2015). 3D intervertebral disc segmentation from MR using supervoxel-based Conditional Random Fields (CRFs) (UK).
6. **UNIGRA** (Urschler et al., 2015). Automatic intervertebral disc localization and segmentation in 3D MR images based on regression forests and active contours (Austria).
7. **UNILJU**: (Korez et al., 2015a). Deformable model-based segmentation of intervertebral discs from MR spine images by using the SSC descriptor (Slovenia).
8. **UNIQUE**: (Neubert et al., 2015). Automated intervertebral disc segmentation using probabilistic shape estimation and active shape models (Australia).
9. **VRVIS**: Wimmer and Novikov. A machine learning based pipeline for automated intervertebral disc labeling and segmentation in 3D T2-weighted MR data (Austria).

### 3. Methods

In this section, we would like to present the methods that were submitted to the challenge. In the next section we will analyze the experimental results achieved by these methods.

#### 3.1. Method of team ICL

Lopez Andrade and Glocker (2015) proposed a pipeline for the task of automatic localization and segmentation of IVDs in the lumbar spine involving a combination of several machine learning techniques. The spine detection phase aims to estimate the dimensions and location of a 3D bounding box that contains the spine and makes use of two complementary RFs (see Glocker et al., 2016 for details) that classify voxels based on Histogram of Oriented Gradients (HOG) and Haar-like features, respectively. The disc probability maps generated by the classification are then processed by the Density Based Spatial Clustering of Applications with Noise algorithm (DBSCAN) (Ester et al., 1996), which outputs the central points corresponding to high density areas. An outlier removal stage discards the false disc centroids.

The segmentation is posed as an energy minimization problem solved via graph-cuts (see Boykov and Funka-Lea (2006)). Each of the discs in the image is segmented separately, and the result is then combined into a single label map. The designed graph has two types of edges: terminal edges, that connect the voxels and the terminal nodes  $s$  and  $t$ ; and non-terminal edges, that connect neighboring voxels. The capacities of the edges between neighboring voxels are defined by the following equation; where  $dist(v_i, v_j)$  is the Euclidean distance between the voxels  $v_i$  and  $v_j$ ,  $I_F(v_i)$  is the intensity of voxel  $v_i$  in the filtered image,  $\sigma^2$  is an estimation of

the noise variance,  $k$  is a constant that normalizes the edge capacities between 0 and 100, and  $\lambda$  corresponds to the relative importance of non-terminal and terminal edges.  $\sigma^2$  is estimated for the input filtered image as the difference between this image and the same image after applying a discrete Gaussian filtering.

$$N(L_i, L_j) = \lambda \left[ \frac{k}{dist(v_i, v_j)} \exp \left( \frac{-(I_F(v_i) - I_F(v_j))^2}{2\sigma^2} \right) \right] \quad (5)$$

The capacities of the terminal edges are further modulated by the probability label maps. The minimization problem is then solved via the max-flow/min-cut algorithm. Isolated regions whose area is smaller than 50 mm<sup>2</sup> are discarded. Similarly, if there are several connected objects, the ones whose area is smaller than the mean area of all the objects are also deleted.

#### 3.2. Method of team Sectra

Building upon two earlier works, with one for vertebral body detection and labeling in MR data (Lootus et al., 2015) and the other for multi-atlas based segmentation of vertebrae in CT data (Forsberg, 2015), Wang and Forsberg (2015) propose an approach for the task of localization and segmentation of IVDs in MR data. In the first step, vertebral bodies are detected and labeled using integral channel features and a graphical parts model. The second step consists of image registration, where a set of image volumes with corresponding IVD atlases are registered to the target volume using the output from the first step as initialization for the registration. In the final step, the registered atlases are combined using label fusion to derive the combined localization and segmentation of the IVDs.

#### 3.3. Method of team UNIBE

Building upon the work introduced by Chen et al. (2015a), Chu et al. (2015) develop a two-stage coarse-to-fine approach to tackle the problems of fully automatic localization and segmentation of 3D IVD from MR images. More specifically, in the first stage, the learning-based, unified data-driven regression and classification framework introduced by Chen et al. (2015a) is used to roughly localize and segment each disc. The localization of 3D IVD is solved with a data-driven regression where they aggregated the votes from a set of randomly sampled image patches to get a probability map of the location of a target vertebral body in a given image. The resultant probability map is then further regularized by Hidden Markov Model (HMM) to eliminate potential ambiguity caused by the neighboring discs. The output from the localization allows one to define a region of interest (ROI) for the segmentation step, where a data-driven classification is used to estimate the likelihood of a pixel in the ROI being foreground or background. The estimated likelihood is combined with the prior probability, which is learned from a set of training data, to get the posterior probability of the pixel. The coarse segmentation of the target IVD is then done by a binary thresholding on the estimated probability. In the second stage, after the IVDs are roughly segmented, a multi-atlas fusion based graph cut method is used to modify the coarse segmentation of each IVD. A registration framework is developed which allows not only accurate alignment of multiple atlases within the target image space but also a fast selection of atlas for generating probabilistic atlas (PA). The generated PAs is finally used in a graph cut method (Boykov and Funka-Lea, 2006) to get the refined segmentation of IVDs.

#### 3.4. Method of team UNICHK

Chen et al. (2015b) propose a deeply supervised segmentation network called *DeepSeg-3D* for automatic IVD localization and

**Table 4**  
The architecture of *DeepSeg-3D* model.

Layer	Kernel size	Stride	Output size	Feature maps
Input	-	-	40 × 304 × 304	1
C1	5 × 7 × 7	1	40 × 304 × 304	4
M1	2 × 2 × 2	2	20 × 152 × 152	4
C2	3 × 5 × 5	1	20 × 152 × 152	8
M2	2 × 2 × 2	1	10 × 76 × 76	8
U3	3 × 3 × 3	1	20 × 152 × 152	2
U4	3 × 3 × 3	1	40 × 304 × 304	2
Softmax	-	-	40 × 304 × 304	2

C: convolution, M: max-pooling, U: unpooling

segmentation from MR images. *DeepSeg-3D* takes full advantage of volumetric information based on 3D convolutional kernels and makes full use of volumetric information in all dimensions for better discrimination performance. They implement the convolutional network in a 3D format, which inputs 3D volumetric data and directly outputs a 3D prediction mask. Specifically, the architecture of neural network contains 2 convolutional layers, 2 max-pooling layer for down-sampling and 2 unpooling layers for up-sampling. Three architectures with different convolutional kernel sizes are used. The details of one architecture of *DeepSeg-3D* can be seen in Table 4. Finally, a softmax classification layer is followed to generate the prediction probabilities. All the convolutional kernels of the *DeepSeg-3D* model were initialized from the Gaussian distribution and the input to the network is the direct 3D volumetric data. The model was trained by minimizing the cross-entropy loss via standard back-propagation. The output from *DeepSeg-3D* is further processed with thresholding and disk filtering to generate local smooth maps. Then the segmentation mask can be obtained by finding the connected component after removing small areas. Furthermore, the center of IVD can be determined as the centroid of the connected component.

### 3.5. Method of team UNIEXE

Hutt et al. (2015) propose a fully automated method for IVD segmentation based on a CRF operating on *supervoxels* (groups of similar voxels). To generate supervoxels for a volume, they use a modified version of simple linear iterative clustering (SLIC) (Achanta et al., 2012) which results in supervoxels with approximately equal *physical* extent in all directions. An unsupervised feature learning approach is then developed to learn descriptive representations of the data over multiple scales to characterize the supervoxel regions. The features are used to train an SVM with a generalized radial basis function (RBF) kernel for estimating the class labels of the supervoxels. The classifier predictions are incorporated into the potential functions of a CRF along with a learned metric between supervoxels, which enables efficient segmentation using graph cuts (Boykov and Funka-Lea, 2006). For more details, we refer to Hutt et al. (2015).

### 3.6. Method of team UNIGRA

The algorithm developed by Urschler et al. (2015) is built upon a machine learning based landmark localization step using regression forests (Gall et al., 2011; Donner et al., 2013) together with a high-level MRF model of the global configuration of the relative landmark positions. While the regression forests predict a number of candidates for each landmark (both IVDs and vertebral bodies) individually, the purpose of the MRF is to select the most probable configuration given the individual voted for locations and the distribution of landmarks in a training data set. After landmark prediction, they develop a three-step image processing pipeline for segmentation. First, they roughly segment vertebral bodies based

solely on image gradient information, followed by a merging of pairs of adjacent vertebral bodies to single objects to initialize IVD segmentation. Finally, they formulate the IVD segmentation problem as a convex geodesic active contour (GAC) optimization task based on edges resembling geometrical similarity to the shape of IVDs (Hammernik et al., 2015). Solving the convex GAC model is enabled by a formulation based on weighted total variation and a primal-dual optimization scheme. Enabled by the robustness of previous localization, this latter segmentation step requires no a priori information on appearance but only a very rough shape prior. For more details, we refer to Urschler et al. (2015).

### 3.7. Method of team UNILJU

Korez et al. (2015a) propose a supervised framework as shown in Fig. 2 for fully automated localization and segmentation of IVDs from magnetic resonance (MR) images by integrating modern image analysis approaches such as RF-based anatomical landmark detection and surface enhancement, computationally efficient Haar-like features and self-similarity context (SSC) descriptor, and robust shape constrained deformable models.

In their method, IVD localization is performed by detecting its visually distinguishable or anatomically relevant points, i.e. landmarks. Each IVD is described by five landmarks that define its mid-point and most superior, inferior, anterior and posterior points. The properties of these landmarks are studied using training images of manually segmented discs and then used for identification of the same landmarks on a new target image. The intensity appearance of each landmark is captured by Haar-like features, which proved effective for detecting landmarks from MR images of soft tissue (Ibragimov et al., 2015). To minimize landmark mis-detection, for example, when a landmark is positioned on a neighboring disc, they model the shape of the disc by measuring the pairwise spatial relationships among the landmarks. Optimal landmark positioning is therefore obtained at the point of best agreement between the appearance and shape models (Ibragimov et al., 2014).

IVD segmentation is performed by iterative deformation of the corresponding mean disc model towards the edges of the image. As IVD edges are poorly visible on MR images, they propose a RF-based descriptor for disc edge identification. Using training images and corresponding manual segmentations, they model the appearance of each edge point as a 26-dimensional feature vector that includes image intensity, Canny edge operator response, gradient orientation and magnitude, SSC features (Heinrich et al., 2013) and other relevant features (Korez et al., 2015b; 2015a). During the segmentation process, the disc model deforms under the influence of the external energy that moves the model surface towards the detected edge points, and the internal energy that preserves the integrity of the model, its resemblance to the IVD and does not allow its parts to be separated from each other. The final segmentation is obtained at the point of equilibrium between the external and internal energy.

### 3.8. Method of team UNIQUE

The method developed by Neubert et al. (2015) extends and fully automates their previous work on active shape model (ASM) based volumetric segmentation of lumbar and thoracic IVDs from magnetic resonance (MR) images of the spine (Neubert et al., 2012). The initial version of this algorithm was developed for high-resolution volumetric MR images acquired in the axial plane. However, routine clinical examinations are typically acquired using 2D TSE images in the sagittal plane. The original ASM approach was successfully applied to the segmentation of lumbar IVDs from TSE scans by developing a novel initialization scheme. Specifically, an automated localization approach using multi-atlas registration and

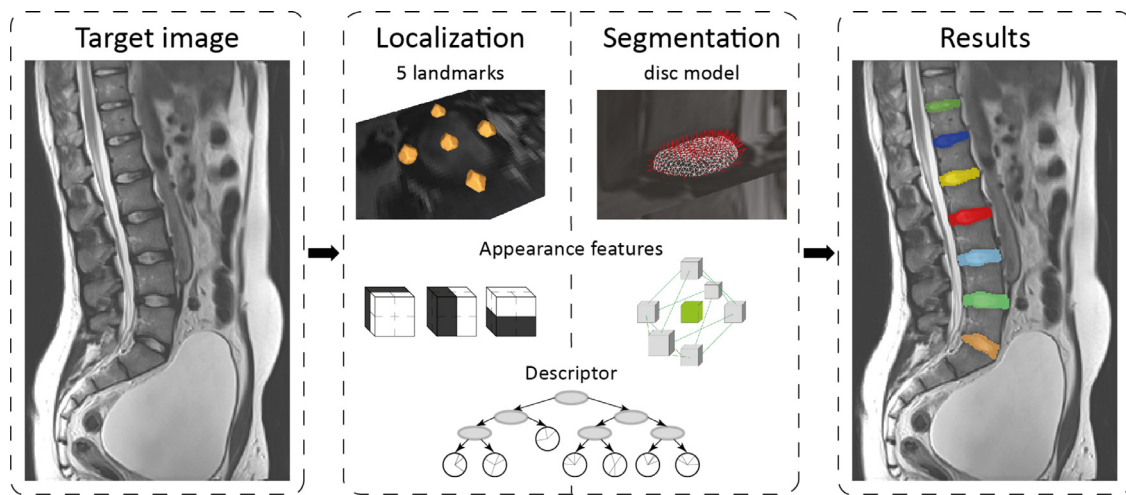


Fig. 2. A schematic illustration of the method developed by (Korez et al., 2015a).

probabilistic shape regression was used to initialize volumetric ASM segmentation driven by grey-level intensity models, as presented in their previous work (Neubert et al., 2012). For details, we refer to Neubert et al. (2015).

### 3.9. Method of team VRVIS

Wimmer and Novikov propose a machine learning based pipeline for automated IVD labeling and segmentation. Their method localizes disc center candidates by RF regression (Breiman, 2001) from 2000 sampled positions. They extract 3D Haar-like features (Viola and Jones, 2001) and HOG features (Dalal and Triggs, 2005) around each position. The HOG parameters were set to 9 orientation bins and a cell size of 8mm. Patch sizes were chosen empirically based on the morphometry of the discs. They propose to extract HOG features from the sagittal and coronal plane to increase the regression efficiency. As a second step, filtering of positions inside discs is performed by SVM classification based on HOG features, whereby 20 best candidates are selected for every disc and the sacrum. Final disc centers are retrieved by applying a graphical model on the filtered disc candidates, similarly to Schmidt et al. (2007). Two connected models are used to reduce the Computational Complexity (CC) of the labeling problem. The first model covers the discs from the sacrum up to L2/L3 and the second model comprises of discs L2/L3 to T11/T12. Due to a higher matching performance of the first model, they made the second model dependent on the matching result of the first one. Finally, IVDs are segmented around the detected centers by a learning-based active contour model built upon a Morphological Active Contour Without Edges (Marquez-Neila et al., 2014). The model is enhanced with RF classifiers trained on field-specific, contextual features for each disc separately.

## 4. Experimental results

Quantitative evaluation of the methods of all participating teams is summarized in this section. All the methods were evaluated against the ground truth on 10 3D testing volumes, including 5 Test1 volumes and 5 Test2 volumes. In the localization step, 8 teams submitted their automatic IVD localization results except team UNIQUE where they used manual clicks for initialization purpose. Thus we do not include their results for evaluation and comparison. In the segmentation step, all the 9 teams submitted their results obtained on both Test1 data and Test2 data. However, in stage 2, team UNIGRA failed to segment disc T12-T11 in case 5 al-

though they achieved quite good segmentation results in other 4 cases. Thus, we do not include their results for quantitative evaluation and comparison purpose on Test2 data. For all the statistical tests, the significance level is chosen to be 0.01.

### 4.1. Stage 1

Fig. 3 compares the overall localization results among 8 participating teams in detection of in total 35 IVDs of Test1 data. MLD, SD and SDRs using 3 precision ranges  $t = 2.0$  mm, 4.0 mm, and 6.0 mm (Bars) achieved by these 8 teams are shown in this figure. In Fig. 4, we visually compare the ground truth localization with the localization results achieved by all 8 submitted methods on the middle sagittal images extracted from 5 3D MR images of Test1 data.

Fig. 5 shows the segmentation results achieved by the 9 participating teams on Test1 data. It compares the overall results of Dice, AAD and HD in segmentation of 35 IVDs between the 9 participating teams on Test1 data. Fig. 5 (b, c, d) present the *per case per algorithm* evaluation results on Test1 data when we use respectively Dice, AAD, and HD as metrics. Fig. 6 shows the visual comparisons of the segmentation results obtained by all 9 submitted algorithms on 3 cases of Test1 data.

### 4.2. On-site competition

Fig. 7 compares the localization results between 8 participating teams in detection of 35 IVDs on Test2 data, which was released for on-site competition. MLD, SD and SDRs using 3 precision ranges  $t = 2.0$  mm, 4.0 mm, and 6.0 mm (Bars) are shown in this figure. Please note that during on-site competition we only allowed maximally one and half hours for each team to finish localization and segmentation of 5 3D T2 MR images. In Fig. 8, we visually compare the localization results obtained by all teams on each image of Test2 data.

Fig. 9 shows the segmentation results obtained by the 8 participating teams on Test2 data (excluding team UNIGRA). It compares the overall results of Dice, AAD and HD in segmentation of 35 IVDs between the 8 participating teams. In Fig. 9 (b, c, d), the *per case per algorithm* evaluation results are given when we use respectively Dice, AAD, and HD as metrics for evaluation. Fig. 10 shows the visual comparisons of the segmentation results obtained by all submitted algorithm on 3 cases of Test2 data.

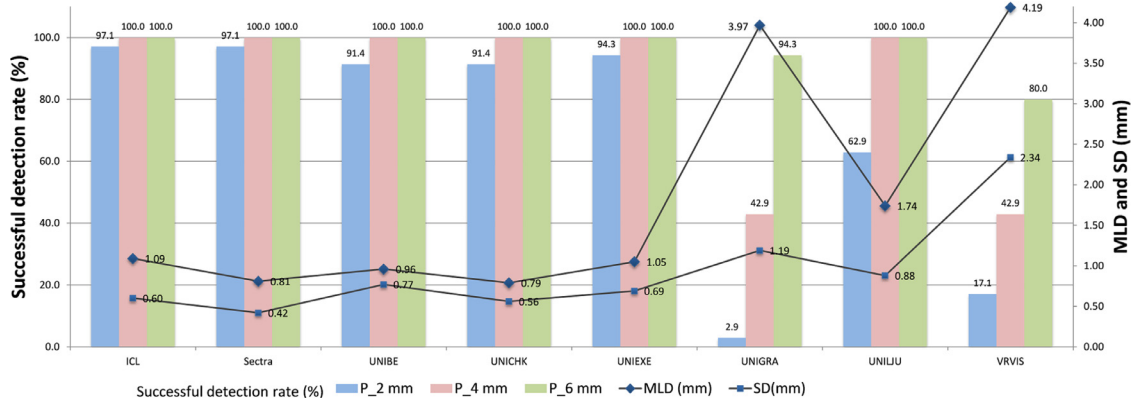


Fig. 3. Quantitative evaluation of the localization results for 8 submitted methods on Test1 data.

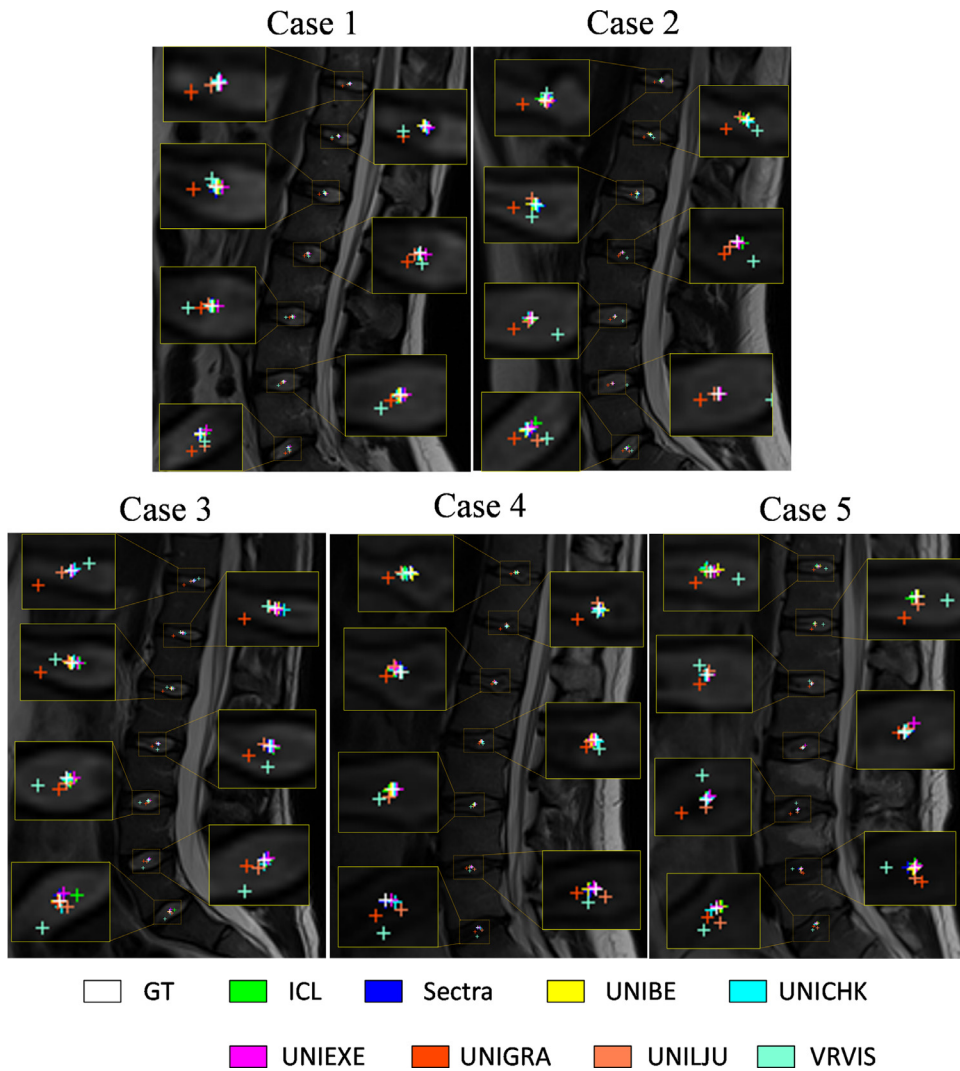


Fig. 4. Visual comparison of localization results for the ground truth (GT) as well as for the 8 submitted methods on Test1 data, where localization results of 7 IVDs on the mid-sagittal slice are shown. The GT localization and the results from different teams are displayed in different colors.

### 5. Discussions

#### 5.1. Results of stage 1

The performance of the localization methods of the participating teams on Test1 data ranges from 0.79 mm to 4.19 mm in MLD and 2.9% to 97.1% in SDR for 2.0 mm precision range. It is ob-

served that in overall, the best localization result on Test1 data is achieved by the method from team UNICHK with the lowest MLD (0.79 mm). On the other hand, the method from team Sectra achieves the highest SDR (97.1%) when evaluated using 2 mm precision range and lowest SD (0.42 mm). All the 8 submitted methods are able to achieve a SDR better than 80% when the precision range is 6 mm and 6 teams are able to achieve a SDR better than



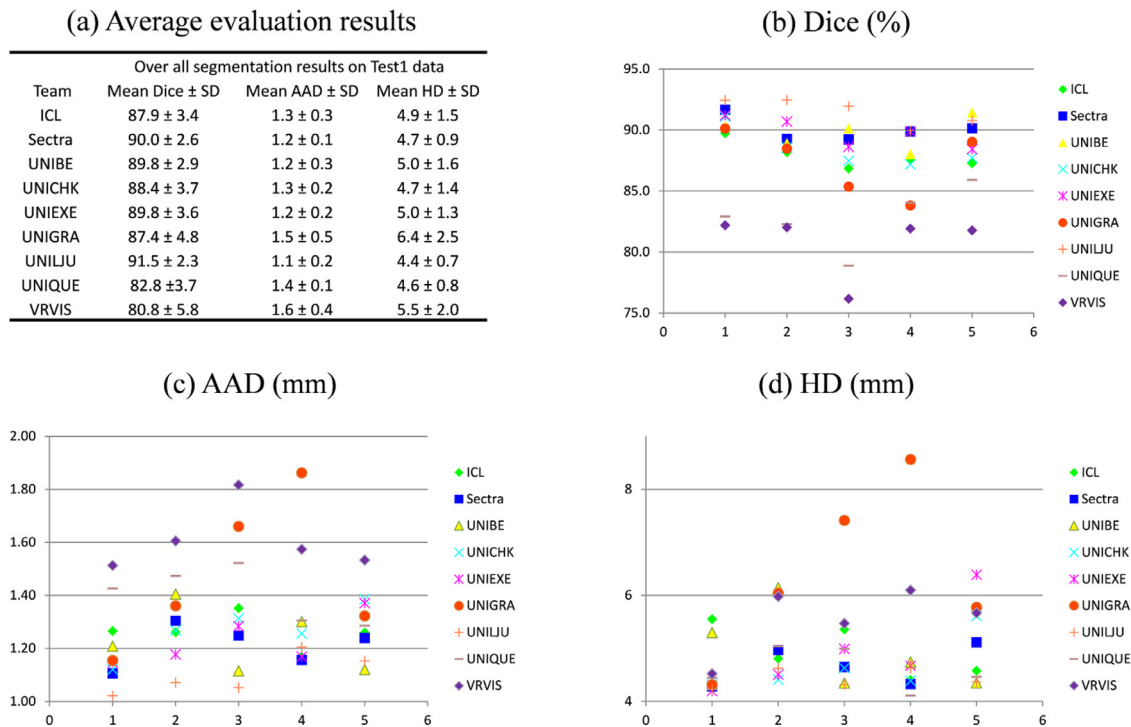


Fig. 5. Segmentation results on Test1 data.

80% when the precision range is 4 mm. However, when the precision range is set to 2 mm, only 5 teams obtain the SDR better than 80%.

When the localization results are evaluated by MLD and SD, it is observed that the top ranked teams such as UNICHK, Sectra, UNIBE, UNIEXE, and ICL achieve quite accurate results that are close to or less than 1.0 mm. Paired student's t-tests were performed to detect whether the differences between the localization results of different methods are statistically significant and the test results (p-values) are presented in Table 5. No statistically significant difference was found among the localization results of the 5 top ranked teams, which was consistent with the results shown in Fig. 3. Among the 8 submitted methods, 6 of them are able to achieve MLD lower than 2 mm, which is regarded as accurate enough for clinical use (Belavy et al., 2011).

From Fig. 4, it is observed that all the submitted methods are able to localize 35 IVDs with reasonable accuracy although for some cases the localization results are much diverse. Specifically, the localization results for case 4 are quite accurate for all submitted methods and the localization results for case 1 and case 5 are acceptable. However for case 2 and case 3, localization results from team VRVIS are far from the IVD centers such as for IVDs L5-L4 and L4-L3 in case 2, S1-L5 and L5-L4 in case 3.

The performance of the segmentation methods of the participating teams ranges from 80.8% to 91.5% in mean Dice, 1.1 mm to 1.6 mm in mean AAD, and 4.4 mm to 6.4 mm in mean HD. It is observed that the best segmentation results is achieved by team UNILJU with an average Dice of  $91.5 \pm 2.3\%$ , an average AAD of  $1.1 \pm 0.2$  mm, and an average HD of  $4.4 \pm 0.7$  mm. In overall, all the 9 teams obtain an average Dice greater than 80% and an average AAD lower than 1.7 mm, which are acceptable for clinical practice (Belavy et al., 2011). From the visual comparison as shown in Fig. 6, it is observed that obvious over-segmentation and under-segmentation exist, indicating that this is still a challenging problem and requires further improvement. Paired student's t-tests are performed to detect whether the differences of the segmentation results (35 IVDs) between different teams are statisti-

cally significant and the test results (p-values) are described in Table 6. When we evaluate the segmentation results using Dice as the evaluation metric, it can be found that the differences between team UNILJU and all other 8 teams are of statistical significance (all p-values are less than 0.01), which is consistent with the results reported in Fig. 5. It is also observed that there is no statistically significant difference between team UNIQUE and VRVIS. However, statistically significant differences are found when we compare these 2 teams with other 7 teams. When we evaluate the segmentation results using AAD as the metric, again we find that the differences between team UNILJU and almost all other teams are statistically significant (except for team UNIBE where p-value is slightly greater than 0.01). We also find that there are no statistically significant difference between following 5 teams: Sectra, UNIEXE, UNIBE, UNICHK, and ICL. However, when we compare these 5 teams with other two teams such as UNIQUE and VRVIS, statistically significant differences are observed (p-values smaller than 0.01).

## 5.2. Results of on-site competition

The performance of the localization methods of the participating teams on Test2 data ranges from 0.81 mm to 4.58 mm in MLD and 0.0% to 100.0% in SDR for 2.0 mm precision range. It is observed that in overall, team ICL obtains the best localization results with the highest SDR (100.0%) when evaluated using 2 mm precision range and the lowest MLD (0.81 mm) and SD (0.37 mm). When we focus on SDR, all the 8 teams are able to achieve a SDR better than 80% when the precision range is 6 mm and 6 teams are able to achieve a SDR better than 80% when the precision range is 4 mm. However, when we use 2 mm precision range, only 4 teams obtain the SDR better than 80%.

When the localization results are evaluated with MLD, the top ranked 4 teams of ICL, UNICHK, UNIEXE, and Sectra are able to achieve MLD lower than 1.0 mm, which is regarded as accurate enough for clinical usage. Paired student's t-tests are performed to detect whether the differences between different teams in local-

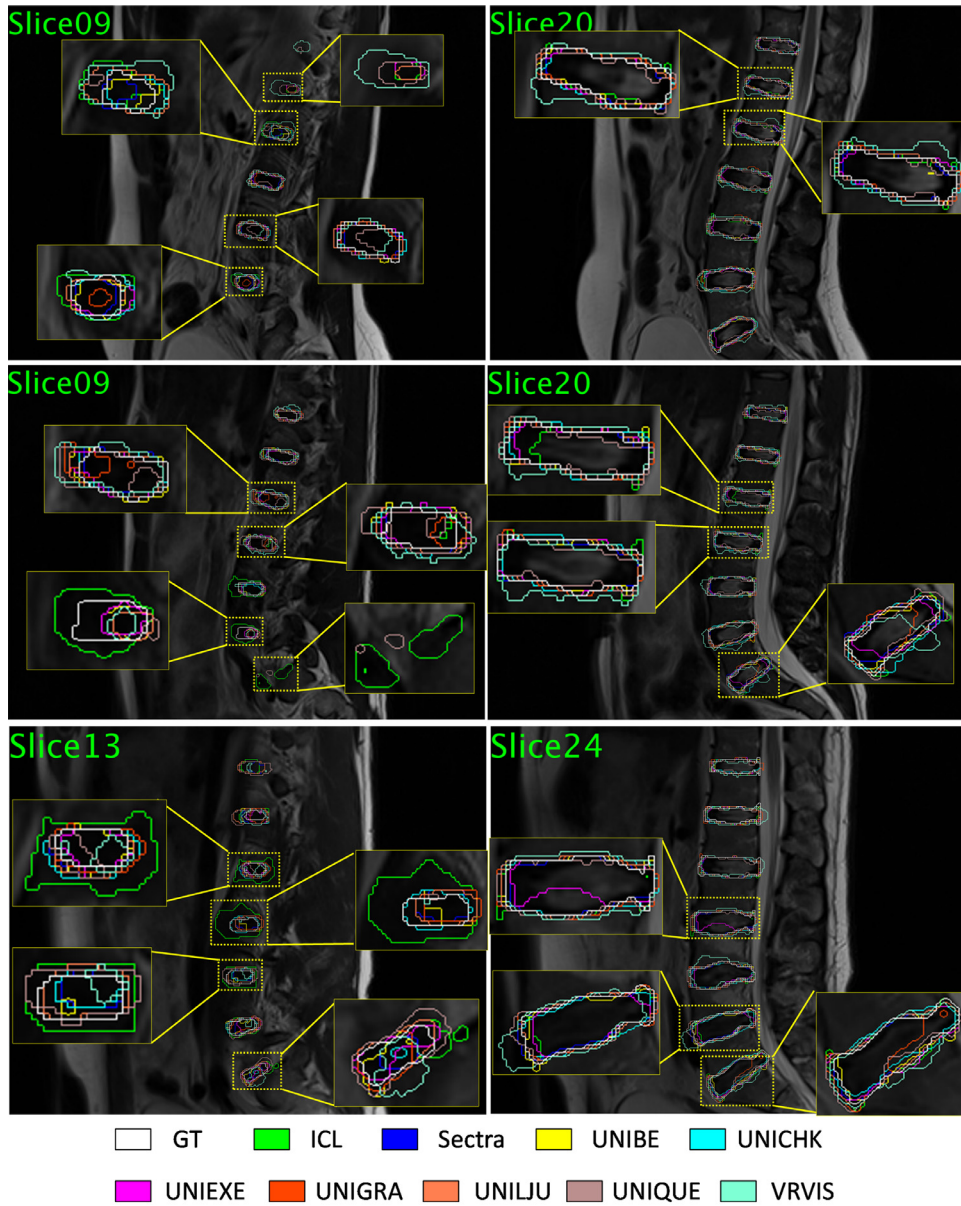


Fig. 6. Visual comparisons of segmentation results on case 1 (top row), 3 (middle row), and 5 (bottom row) of Test1 data. Segmentation contours on 2 typical sagittal slices are shown at each row. The ground truth (GT) segmentation and the segmentation results from different teams are visualized in different colors.

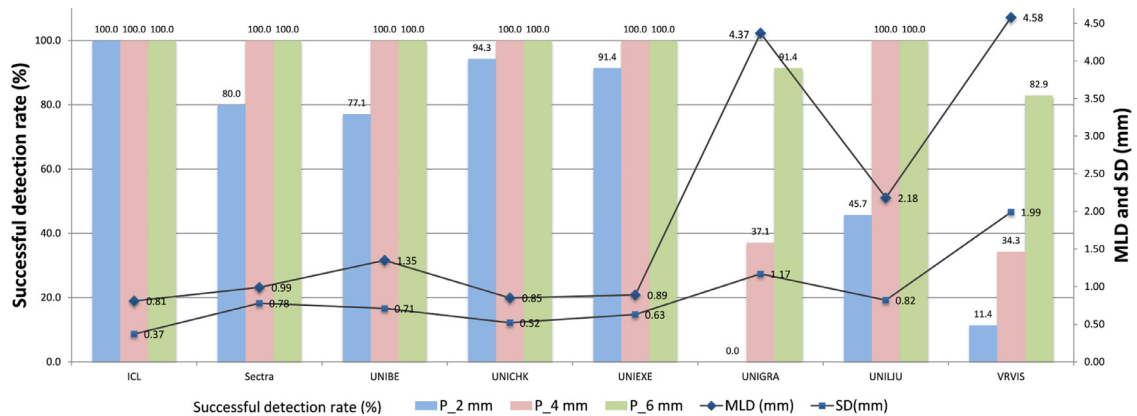
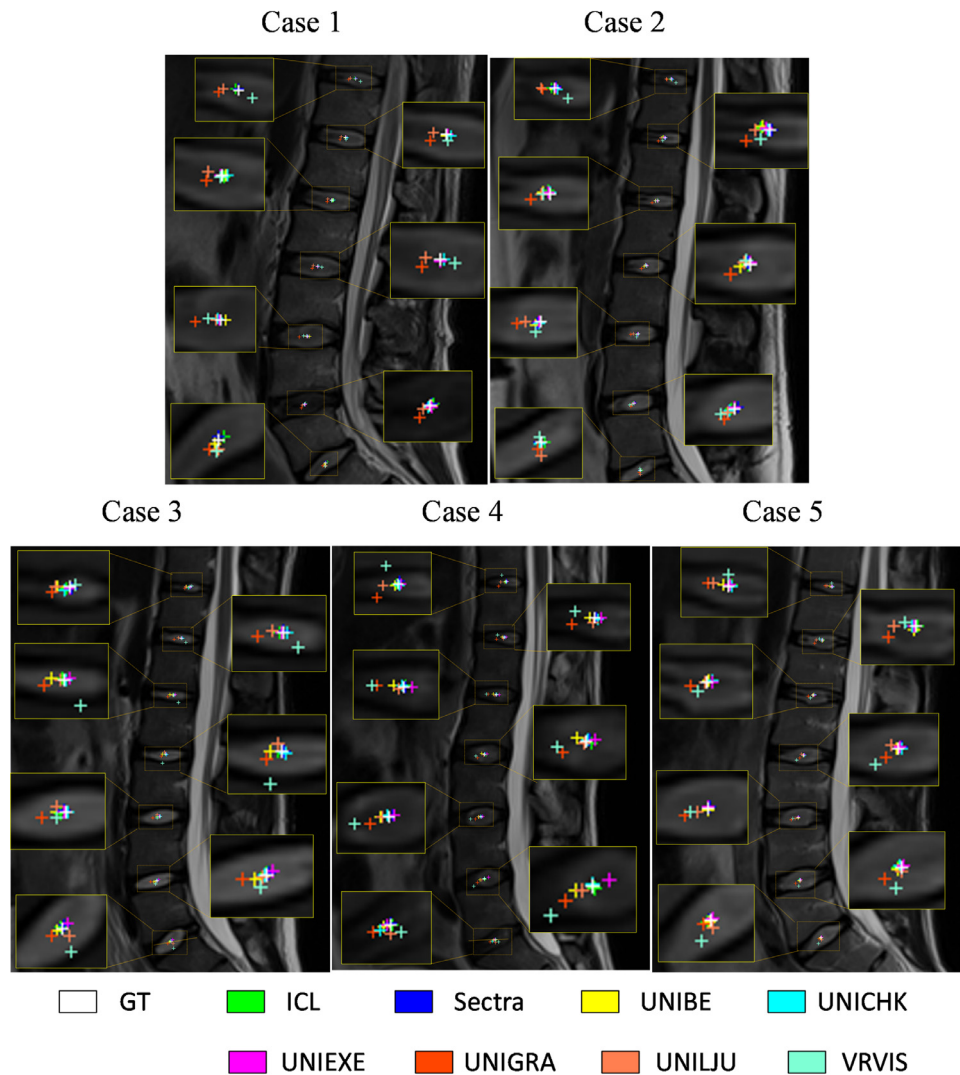


Fig. 7. Quantitative evaluation of localization results for 8 teams on Test2 data.



**Fig. 8.** Visual comparison of the localization results for the ground truth (GT) as well as for the 8 teams on Test2 data, where localization results of 7 IVDs on the mid-sagittal slice are shown. The GT localization and the results from different teams are displayed in different colors.

**Table 5**

Paired student's t-tests (p-value) to detect whether there are statistically significant differences between the localization results achieved by 8 teams on Test1 data.

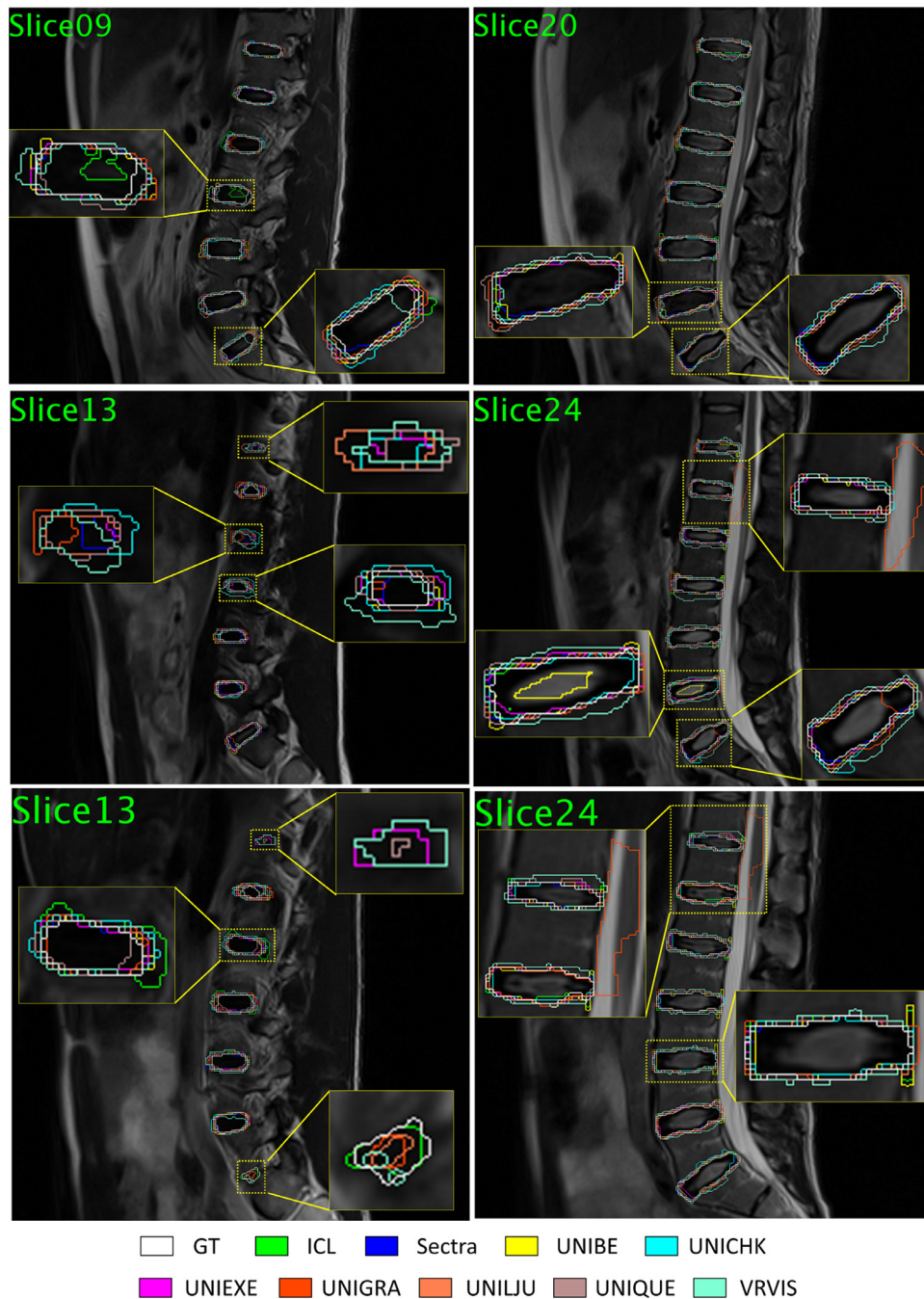
	Sectra	UNIBE	UNIEXE	ICL	UNILJU	UNIGRA	VRRVIS
UNICHK	7.8E-01	2.5E-01	2.2E-02	1.6E-02	2.5E-08	4.6E-17	4.6E-10
Sectra		2.8E-01	3.7E-02	2.7E-02	7.8E-08	4.6E-17	3.3E-10
UNIBE			6.0E-01	4.3E-01	3.5E-04	2.6E-16	5.0E-09
UNIEXE				8.1E-01	7.0E-05	7.4E-13	1.8E-08
ICL					4.1E-04	3.0E-14	1.1E-09
UNILJU						2.1E-10	2.0E-06
UNIGRA							6.5E-01

ization of 35 IVDs on Test2 data are statistically significant and the results are presented in Table 7. No statistically significant difference is detected among following 4 teams: ICL, UNICHK, UNIEXE, and Sectra. These four teams obtain quite accurate localization results as shown in Fig. 7.

From Fig. 8, it is observed that quite promising results are obtained on case 1, case 2, and case 5, even though the appearance around each IVD region is quite different from each other. However, there exist obvious outliers in localization of IVD L3-L2, L2-L1 in case 3 and T12-T11 in case 4 as the results obtained by some teams are out of the IVD regions. These results indicate the room for improvement and need further investigation.

The performance of the segmentation methods of the participating teams on Test2 data ranges from 81.6% to 92.0% in mean Dice, 1.1 mm to 1.5 mm in mean AAD, and 4.2 mm to 5.1 mm in mean HD. It is observed that the best segmentation result on Test2 data is achieved by team UNILJU with an average Dice of  $92.0 \pm 1.9\%$ , an average AAD of  $1.1 \pm 0.1$  mm, and an average HD of  $4.2 \pm 0.6$  mm. In overall, all the 8 teams obtain an average Dice greater than 80% and an average AAD lower than 1.6 mm. From the visual comparison as shown in Fig. 10, it is observed that obvious leakage exists, especially in case 3 and case 5 where IVD L1-T12 are severely over-segmented by several teams. Besides over-segmentation, there also exists under-segmentation such as IVD





**Fig. 10.** Visual comparisons of segmentation results on case 1 (top row), 3 (middle row), and 5 (bottom row) of Test2 data. Segmentation contours on 2 typical sagittal slices are shown at each row. The ground truth (GT) segmentation and the segmentation results from different teams are visualized in different colors.

L5-L4 in case 3. The experimental results show that it is still an unsolved and challenging task to reduce both over-segmentation (leakage) and under-segmentation and needs further investigation. Paired student's t-tests are performed to detect whether the differences of the segmentation results (35 IVDs) obtained by different teams are statistically significant and the results are described in Table 8. When we evaluate the segmentation results using both Dice and AAD metric, it is observed that the differences between team VRVIS and the other 7 teams are of statistical significance. Using AAD as the metric, we find that there are no statistically significant differences between following 5 teams such as UNIEXE, Sectra, ICL, UNICHK, and UNIQUE.

### 5.3. Combined results on test1 and Test2 data

When we combine results on Test1 and Test2 data (see Table 9 for details), the performance of the localization methods of the participating teams ranges from 0.82 mm to 4.39 mm in MLD and 1.45% to 98.55% in SDR for 2.0 mm precision range. It is observed that in overall, team UNICHK achieves the lowest MLD (0.82 mm) and SD (0.49 mm) and team ICL achieves the highest SDR (98.55%) when evaluated using 2 mm precision range.

The performance of the segmentation methods of the participating teams on Test1 and Test2 combined data ranges from 81.2% to 91.8% in mean Dice, 1.1 mm to 1.6 mm in mean AAD, and

**Table 8**

Paired student's t-tests (p-value) to detect whether the differences of the segmentation results between different teams on Test2 data are statistically significant. For two metrics used in our study, we conduct t-tests separately.

Dice (%)							
	UNIBE	UNIEXE	Sectra	ICL	UNICHK	UNIQUE	VRVIS
UNILJU	5.3E-02	8.4E-05	1.2E-06	1.7E-08	9.9E-08	1.5E-09	6.1E-13
UNIBE		1.9E-02	7.0E-03	1.2E-03	1.3E-04	2.4E-06	6.7E-12
UNIEXE			6.0E-01	1.1E-01	5.6E-03	1.1E-03	1.1E-11
Sectra				1.2E-01	5.0E-02	4.6E-03	2.6E-10
ICL					5.7E-01	1.7E-01	3.3E-08
UNICHK						3.9E-01	9.3E-10
UNIQUE							3.6E-09
AAD (mm)							
	UNIBE	UNIEXE	Sectra	ICL	UNICHK	UNIQUE	VRVIS
UNILJU	8.2E-01	7.0E-05	8.3E-07	3.6E-04	4.4E-06	6.1E-12	5.6E-15
UNIBE		3.7E-04	7.4E-06	1.6E-03	3.0E-05	3.1E-09	5.2E-13
UNIEXE			2.0E-01	5.0E-01	5.5E-01	2.8E-01	6.4E-10
Sectra				5.1E-02	4.5E-01	5.8E-01	1.9E-06
ICL					2.4E-01	2.9E-02	2.4E-09
UNICHK						6.0E-01	2.6E-09
UNIQUE							5.0E-08

**Table 9**

Combined results on Test1 and Test2 data.

Overall Localization Results (Ranked with MLD)				
Rank	Team name	Test1 results (mm)	On-site (Test2) results (mm)	Average (mm)
1	UNICHK	0.79 ± 0.56	0.85 ± 0.52	0.82 ± 0.54
2	Sectra	0.81 ± 0.42	0.99 ± 0.78	0.90 ± 0.60
3	ICL	1.09 ± 0.60	0.81 ± 0.37	0.95 ± 0.49
4	UNIEXE	1.05 ± 0.69	0.89 ± 0.63	0.97 ± 0.66
5	UNIBE	0.96 ± 0.77	1.35 ± 0.71	1.16 ± 0.74
6	UNILJU	1.74 ± 0.88	2.18 ± 0.82	1.96 ± 0.85
7	UNIGRA	3.97 ± 1.19	4.37 ± 1.17	4.17 ± 1.18
8	VRVIS	4.19 ± 2.34	4.58 ± 1.99	4.39 ± 2.17
Overall Segmentation Results (Ranked with Dice Overlap Coefficients)				
Rank	Team name	Test1 results (%)	On-site (Test2) results (%)	Average (%)
1	UNILJU	91.5 ± 2.3	92.0 ± 1.9	91.8 ± 2.1
2	UNIBE	89.8 ± 2.9	91.2 ± 2.0	90.5 ± 2.6
3	UNIEXE	89.8 ± 3.6	90.2 ± 2.6	90.0 ± 3.1
4	Sectra	90.0 ± 2.6	90.0 ± 2.2	90.0 ± 2.4
5	UNICHK	88.4 ± 3.7	88.9 ± 3.4	88.6 ± 3.5
6	ICL	87.9 ± 3.4	89.3 ± 2.6	88.6 ± 3.1
7	UNIQUE	82.8 ± 3.7	88.4 ± 2.9	85.6 ± 4.4
8	VRVIS	80.8 ± 5.8	81.6 ± 6.4	81.2 ± 6.1

4.3 mm to 5.1 mm in mean HD. It is observed that in overall, team UNILJU achieves the best segmentation results with a mean Dice of 91.8%, a mean AAD of 1.1 mm and a mean HD of 4.3 mm.

We also compared the results achieved by all teams on Test1 data with those on Test2 data. The average MLD achieved by the localization methods of all teams on Test1 data is 1.83 mm while the average MLD on Test2 data is 2.0 mm. With 2 mm precision range, the average SDR by the localization methods of all teams on Test1 data is 69.28% while the average SDR on Test2 data is 62.49%. Such an observation indicates that overall the localization methods of all participating teams perform better on Test1 data than on Test2 data. In contrast, the mean Dice and the mean AAD achieved by the segmentation methods of all teams on Test1 data are 87.6% and 1.3 mm, respectively, while the mean Dice and the mean AAD achieved by the segmentation methods of all teams on Test2 data are 89.0% and 1.2 mm, respectively. Paired student's t-tests indicate that there are statistically significant differences between the segmentation results achieved on Test1 data and those on Test2 data (p-values are smaller than 0.01 for both Dice and AAD metrics). The comparison result indicates that overall the segmentation methods of all participating teams perform worse on

Test1 data than on Test2 data. This probably can be explained by our challenge design. Specifically, we have 25 3D T2 MR data from two different studies. Our training data in stage 1 contains 10 3D T2 MR data from the first study and 5 3D T2 MR data from the second study while Test1 data is designed to have 4 3D T2 MR data from the first study and 1 3D T2 MR data from the second study and Test2 data is designed to have 1 3D T2 MR data from the first study and 4 3D T2 MR data from the second study. The comparison results indicate that the performance of the localization methods of all participating teams depends more on training data than that of the segmentation methods.

#### 5.4. Computer Specification and efficiency

Details about the computer specification and the efficiency of the 9 participating teams are presented below. A summary of the details is presented in Table 10.

1. **ICL**: The pipeline from team ICL has been implemented in Python with some accelerated functions, such as the feature extraction, making use of C++. The authors use the RF and

**Table 10**

Details on computation time and computer systems used for the different algorithms. We indicate whether an algorithm uses multi-threaded (MT) or graphical processing unit (GPU).

Team name	Avg. time	System	MT	GPU	Programming language	Remarks
ICL	3 min	3.5 GHz 4-cores	No	No	Python and C++	RF and DBSCAN implemented in scikit-learn
Sectra	8.5 min	3.2 GHz 4-cores	Yes	Yes	Matlab and Cuda	GeForce GTX 660 Ti with 1344 CUDA cores
UNIBE	18 min	3.0 GHz 4-cores	No	No	Matlab and C++	
UNICHK	3.1 s	2.5 GHz 4-cores	Yes	Yes	Python	
UNIEXE	6 min	2.5 GHz 4-cores	Yes	No	Matlab and C++	
UNIGRA	8 min	2.4 GHz 4-cores	Yes	Yes	C++ and Matlab	
UNILJU	5 min	3.2 GHz 4-cores	No	No	C++ and Matlab	
UNIQUE	19 min	3.4 GHz 8-cores	No	No	C++	14 min if localization of the first IVD done manually
VRVIS	4.2 min	2.4 GHz 6-cores	Partially	No	Java	Mixture of multi-threaded with single-threaded

DBSCAN implementations provided in scikit-learn. All the tests were executed on a desktop PC equipped with an Intel Xeon Quad-Core 3.5GHz CPU. Average running times for the full pipeline including localization and segmentation are about 3 minutes.

- Sectra:** The implementation of the whole segmentation pipeline from team Sectra was primarily done in MATLAB but with the registration implemented in CUDA. The Parallel Computing Toolbox of MATLAB was used to take some advantage of the multi-core architecture of the CPU. The pipeline was executed on a workstation with Windows 7 SP1 (x64), MATLAB 2014b and CUDA 5.5. The CPU was an Intel Core i7 960 with four cores with 24 GB of RAM and the GPU was a GeForce GTX 660 Ti with 1344 CUDA cores. The complete processing time for a single data set was approximately 8 min and 30 s with 1 min and 15 s for detection and labeling, 7 min and 10 s for registration and 5 s for label fusion.
- UNIBE:** The algorithm was implemented in Matlab for Data-driven based method and in C++ for multi-atlas fusion based graph cut method. The unoptimized implementation requires on average 18 min to localize and segment one subject on a laptop with 3.0 GHz CPU and 12GB RAM, where it takes about 3 min to do a rough localization and segmentation and the rest 15 min to finish the multi-atlas-based segmentation.
- UNICHK:** DeepSeg-3D was implemented with Python3 based on the Theano library and it took about 3.1 s to process one test image with size  $40 \times 512 \times 512$  using a standard PC with a 2.50 GHz Intel(R) Xeon(R) E5-1620 CPU and a NVIDIA GeForce GTX X GPU, where one single forward propagation in *DeepSeg-3D* takes about 0.3 s and post-processing takes another 2.8 s.
- UNIEXE:** The implementation was written in MATLAB with C++ code for computationally intensive tasks including supervoxel generation, SVM optimisation and computation of the CRF max-marginals. The execution time for processing a single volume after learning was approximately 6 min using an Intel Core i5 2.50 GHz machine with 8GB of RAM running Linux (64-bit).
- UNIGRA:** The whole localization and segmentation approach was implemented in C++ and OpenMP, with the exception of the Matlab-based MRF solver. Costly image processing operations were accelerated using NVidia's CUDA environment. The algorithm was executed on a notebook with an Intel Core i7-4700HQ CPU, 16 GByte of RAM, an NVidia Geforce GTX 760M GPU with 2GB of RAM, running Ubuntu Linux 15.04. The running time for localization and segmentation was around 8 minutes per data set, where the computational effort goes roughly half into localization and segmentation, respectively.

- UNILJU:** The detection and segmentation parts of the framework were implemented using C++ and Matlab. The experiments were executed on a personal computer with Intel Core i5 processor at 3.20 GHz and 16GB of memory without a graphical processing unit. The detection of all seven IVDs took on average 85 s, whereas the segmentation of each individual IVD took on average 30 s.
- UNIQUE:** The methods were implemented in C++ using Insight Segmentation and Registration Toolkit (ITK) and Visualization Toolkit (VTK) libraries for image and mesh processing, an in-house C++ software library for statistical shape modeling and visualization. The experiments were run on a desktop computer Intel(R) Core(TM) i7-4770 CPU @ 3.40 GHz with 32GB RAM memory under Ubuntu 14.04. The unoptimized implementation of the fully automated version requires 19 min to segment one dataset with 7 intervertebral discs. If localization of the first (L5-S1) disc is done manually, the processing time is 14 min.
- VRVIS:** The complete framework was implemented in Java. All testing experiments were conducted on an Intel Xeon E5-2620 v3 windows machine with 16GB of RAM. Overall processing time for disc localization and segmentation of one data set is around 4.2 min. The bottleneck in terms of computation time is the disc and sacrum classification with SVMs. Even though they use multi-threading in this stage, this step is the most expensive part with a runtime of approx. 2.7 min. The rest of the pipeline runs in a single-threaded environment. Feature calculation and regression take around 30 s, the application of the graphical model around 50 s and the segmentation of all discs only around 10 s.

##### 5.5. Analysis of advantages and drawbacks of all methods

The advantages and drawbacks of all methods are summarized in Fig. 11. From the results presented in Sections from 5.1 to 5.3, the method of team UNICHK shows the best localization performance in this challenge while the method of team UNILJU shows the best segmentation performance.

For localization, the crucial difference that makes the method of team UNICHK superior to other competitors is the deep segmentation network which leverages flexible 3D convolution kernels by considering spatial information for a fast speed with volume-to-volume classification. Their method takes a volume as input and generates a volumetric segmentation mask within one single forward propagation without restoring to a sliding window strategy. Thus, their localization method is not only the most accurate one but also the fastest one. To confirm this assumption, Chen et al. (2015b) implemented another type of deep neural networks by making use of adjacent slices (the kernel size of the third dimension is 3) and refer this one as *DeepSeg-2D*. The performance

Method	Strengths	Limitations and Drawbacks
Team ICL	<ul style="list-style-type: none"> <li>Combining complementary features in specialized classification forests.</li> <li>Globally optimal graph-cut segmentation with learned likelihood.</li> </ul>	<ul style="list-style-type: none"> <li>L5-S1 disc needs to be present.</li> <li>Requires training stage for learning classifiers and graph-cut parameters.</li> </ul>
Team Sectra	<ul style="list-style-type: none"> <li>Multi-Atlas Segmentation (MAS) with optimal registration and label fusion techniques.</li> <li>Easy to boost the computational performance given the highly parallelizable nature of the selected approach.</li> </ul>	<ul style="list-style-type: none"> <li>CC depending on the number of atlases used.</li> <li>MAS has difficulty in segmenting severely deviating structures.</li> </ul>
Team UNIBE	<ul style="list-style-type: none"> <li>A unified data-driven regression and classification framework where at each stage the corresponding problem is solved separately by a convex optimization to find the global optimum.</li> <li>Additional MAS step tends to further improve IVD segmentation.</li> </ul>	<ul style="list-style-type: none"> <li>CC proportional to the number of the training and test patches.</li> <li>The MAS step contributes significantly to the long computational time.</li> </ul>
Team UNICHK	<ul style="list-style-type: none"> <li>A unified deep segmentation framework with effective feature representation learning, optimized with end-to-end training.</li> <li>Leveraging flexible 3D convolution kernels.</li> <li>Fast volume-to-volume classification within one single forward propagation without restoring to a sliding window strategy.</li> </ul>	<ul style="list-style-type: none"> <li>Computationally intensive and training process takes hours to finish.</li> <li>Memory cost is proportional to the image resolutions in the volume-to-volume training process.</li> </ul>
Team UNIEXE	<ul style="list-style-type: none"> <li>General in nature without relying on explicit prior shape model.</li> <li>Learned multi-scale dictionaries with effective supervoxel classification.</li> <li>Metric learning for greater spatial consistency.</li> <li>Efficient graph cuts for a globally optimal solution for the CRF.</li> </ul>	<ul style="list-style-type: none"> <li>Voxel-level accuracy dependent on the boundary adherence of the supervoxels.</li> <li>CC proportional to the number of supervoxels in a volume.</li> </ul>
Team UNIGRA	<ul style="list-style-type: none"> <li>Detection requires minimal training and segmentation requires no training</li> <li>Detection delivers vertebral body centers as well as IVD centers</li> <li>Segmentation is formulated as a convex energy functional in a variational framework, thus delivering optimal solutions given that the detection is correct.</li> </ul>	<ul style="list-style-type: none"> <li>Segmentation step is not good in one of the 25 data sets due to lack of strong model knowledge.</li> <li>Detection and segmentation accuracy is limited, and segmentation cannot recover from detection errors.</li> </ul>
Team UNILJU	<ul style="list-style-type: none"> <li>Efficient combination of machine learning and shape constrained deformable models.</li> <li>RF classifiers are integrated in both localization and segmentation</li> <li>Computationally efficient and robust Haar-like and self-similarity context appearance features.</li> </ul>	<ul style="list-style-type: none"> <li>CC proportional to the number of sampling voxels used for training.</li> <li>Presence of severe pathologies and cropped image parts may introduce challenges for disc detection &amp; labeling</li> </ul>
Team UNIQUE	<ul style="list-style-type: none"> <li>The statistical shape model was trained using high resolution volumetric data and can infer information not available in anisotropic MRI scans with thick slices.</li> <li>The approach was previously validated on patient datasets with early and advanced stages of intervertebral disc degeneration.</li> <li>The segmentation results are annotated with shape parameters of the statistical shape model that can be used as morphological descriptors for detection of degenerative discs disease.</li> </ul>	<ul style="list-style-type: none"> <li>The segmentation progresses sequentially (superiorly) from L5-S1 disc that needs to be present.</li> <li>Convergence of the iterative process depends on empirically established parameters (number of iterations, iteration step) and does not guarantee globally optimal solution.</li> </ul>
Team VRVIS	<ul style="list-style-type: none"> <li>The extraction of HOG features in the sagittal and coronal plane is beneficial for both regression and classification.</li> <li>The use of two connected partial graphical models reduces the complexity for the labeling.</li> <li>The introduction of voxel classification in the morphological active contour model without edges increases the segmentation performance and prevents leakage.</li> </ul>	<ul style="list-style-type: none"> <li>Training and parameter optimization is necessary at each stage of the pipeline</li> <li>High CC in SVM classification of regressed positions.</li> <li>In case of a mislabeling in the 1<sup>st</sup> graphical model, the errors will be propagated to the 2<sup>nd</sup> graphical model</li> </ul>

Fig. 11. Summary of the advantages and limitations of all methods.

Table 11

Comparison of two different methods from team UNICHK for IVD localization.

Method	MLD(mm)	SD(mm)	SDR with $t = 2.0$ mm	SDR with $t = 4.0$ mm	SDR with $t = 6.0$ mm
DeepSeg-2D	1.07	0.62	91.4%	100%	100%
DeepSeg-3D	0.91	0.58	94.3%	100%	100%
Combined Results	0.79	0.56	91.4%	100%	100%

of *DeepSeg-2D* was compared with that of *DeepSeg-3D* on Test1 data and the results are presented in Table 11.

For segmentation, the crucial difference that makes the method of team UNILJU superior to other competitors is the efficient combination of machine learning and shape constrained deformable models. This has been observed in several other top ranked segmentation methods, i.e., efficient integration of learned likelihood

terms within different types of energy minimization-based segmentation framework.

## 6. Conclusion

The paper presents the construction of a manually annotated reference data set composed of 25 3D T2-weighted TSE MR



images acquired from two different studies and the establishment of a standard framework for an objective comparison of a representative selection of the state-of-the-art methods that were submitted to the Automatic MRI IVD Localization and Segmentation Challenge held at MICCAI 2015. A total of ten teams submitted their results in Test1 data, and all of them were accepted to the on-site competition. Results from 9 teams were included in this study.

It is worth to point out the limitations of the challenge. Although the 25 3D T2-weighted MR data set used in this challenge are from two different studies investigating the IVD morphology change after prolonged bed test, all the subjects included in these two studies are medically and psychologically healthy subjects. Though the majority of the methods of participating teams achieved quite accurate results, further investigation is required to see whether similar results can be obtained when evaluated on data acquired from patients with severe pathology.

The evaluation of changes in IVDs with MR images can be of interest for many applications beyond IVD degeneration quantification. For example, it is important to know the changes of IVDs during prolonged bed rest which is used to understand the effects of inactivity on the human body and to simulate the effects of microgravity on human body by space agencies (Belavy et al., 2012; 2011). At this moment, clinicians lack tools to conduct a true 3D quantification even when 3D MR image data are available. Instead, they seek to use 2D surrogate measurements measured from selected 2D slices to quantify 3D spinal morphology (Belavy et al., 2012; 2011). Automated methods save time and manual cost, and allow for a true 3D quantification avoiding problems caused by 2D measurements.

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